

平成22年度

特定健康診査・一般健康診査



7月から、生活習慣病の予防・早期発見のため、特定健康診査(特定健診)・一般健康診査(一般健診)を実施します(表1、表2)。

なお、対象となる方には、実施時期に合わせて個別に健康診査票を送付します。

表1 特定健康診査・一般健康診査

Table with 2 columns: 特定健診 and 一般健診. Rows include 対象 (Target), とき (Time), ところ (Location), and 内容 (Content).

表2 同時に実施する検(健)診

Table with 2 columns: 検(健)診 (Check/Exam) and 内容 (Content). Rows include 肝炎ウイルス検診 and 生活機能評価.

40歳以上の対象 胸部(肺がん・結核)健診. Includes text about the exam and a diagram of the chest area.

胸部(肺がん・結核)健診 日程. Table with columns for date, time, and location. Includes details about the exam process and contact information.

乳幼児健診・相談などの日程

Table with columns: 日程 (Schedule), 対象 (Target), 持ち物 (Items to bring), and 定員・申込みほか (Capacity/Registration). Lists various health checkups for infants and children.

※会場は健康センターです。車での来場はご遠慮ください。 ※ステップ1...5・6か月児、ステップ2...7・8か月児、ステップ3...9~11か月児、ステップ4...1歳~1歳6か月児。

休日応急診療医(内科・小児科)

Table with columns: 日程 (Schedule), 医療機関名 (Medical Institution), 所在地 (Location), and 電話番号 (Phone Number). Lists emergency doctors on weekends.

休日歯科応急診療医

Table with columns: 日程 (Schedule), 医療機関名 (Medical Institution), 所在地 (Location), and 電話番号 (Phone Number). Lists emergency dentists on weekends.

準夜応急診療

Table with columns: 日程 (Schedule), 診療時間 (Clinic Hours), 科目 (Subject), 名称 (Name), 所在地 (Location), and 電話番号 (Phone Number).

東京都実施の救急診療の問合せ. Table with columns: 名称 (Name), 電話番号 (Phone Number), and 案内・24時間 (Information/24h).

ふれあい食体験. Text about a food experience event for children, including details on time, location, and cost.

栄養・運動教室. Text about a nutrition and exercise class, including details on time, location, and cost.

ふれあいサロン講座. Text about a community salon lecture, including details on time, location, and cost.

ボランティア講座. Text about a volunteer training lecture, including details on time, location, and cost.

介護予防講座. Text about a care prevention lecture, including details on time, location, and cost.

家族介護教室. Text about a family care classroom, including details on time, location, and cost.

転倒防止. Text about fall prevention, including details on time, location, and cost.

費用 無料. Text about the cost of the health checkups, including details on insurance and fees.

内容 講話、調理実習. Text about the content of the nutrition and exercise class, including details on topics and activities.

対象 市民. Text about the target audience for the salon lecture, including details on age and location.

対象 おおむね50代から. Text about the target audience for the volunteer training lecture, including details on age and location.

対象 市内在住でボランティア活動に興味のある方. Text about the target audience for the care prevention lecture, including details on location and interest.

対象 市内在住の65歳以上の方. Text about the target audience for the family care classroom, including details on location and age.

対象 小平市地域包括支援センター小平健康苑へ. Text about the target audience for fall prevention, including details on location and contact information.